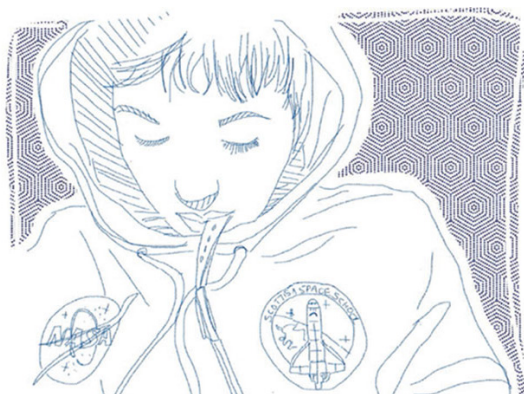


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The Spectrum Magazine

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October 2019 marked the 100th edition of *the Spectrum*. Since its humble beginnings in 1993, the magazine has gone through several new looks, as well as the occasional name change. But the amazing content remains the same.



Above: An autistic dance by Sophie, July 2019.
Read Sophie's accompanying poem in edition 99.

Spectrum by name, Spectrum by nature

From articles on friendship and loneliness to features on everyday feelings of alienation, family and pets (to name but a few!), *the Spectrum* truly reflects the variety of the autistic experience in all its glory. And we want to keep this going.

Our subscription rates

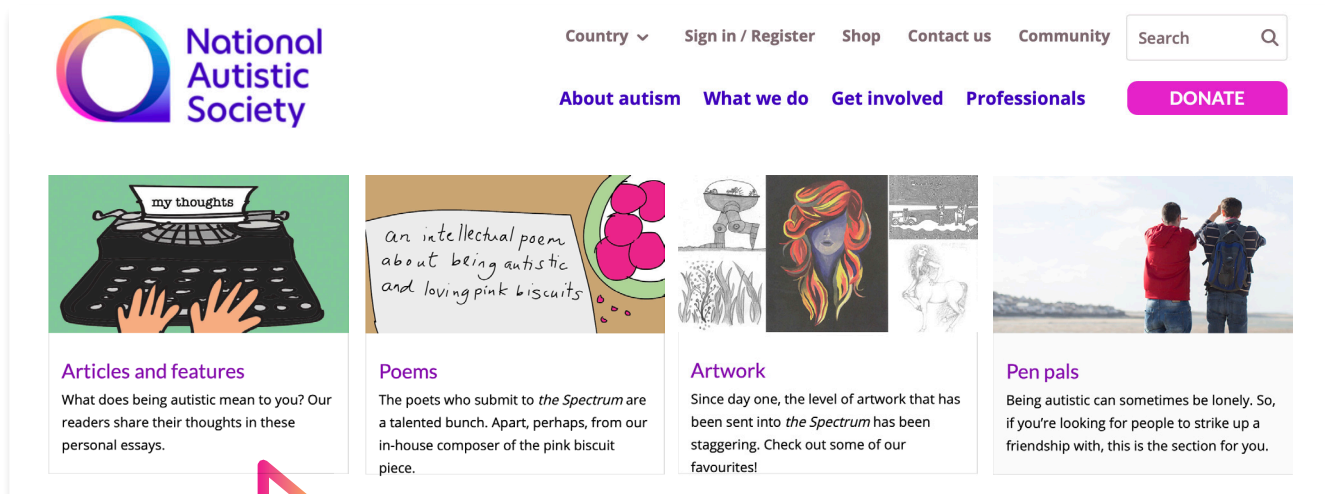
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You can also read *the Spectrum* online for free



The screenshot shows the National Autistic Society website. At the top left is the logo, a colorful circle with the text 'National Autistic Society'. To the right are navigation links: 'Country', 'Sign in / Register', 'Shop', 'Contact us', 'Community', and a search bar. Below these are links for 'About autism', 'What we do', 'Get involved', 'Professionals', and a pink 'DONATE' button. The main content area features four sections: 'Articles and features' with an image of a typewriter and the text 'my thoughts'; 'Poems' with an image of a poem titled 'an intellectual poem about being autistic and loving pink biscuits'; 'Artwork' with an image of a person's face and the text 'Since day one, the level of artwork that has been sent into the Spectrum has been staggering. Check out some of our favourites!'; and 'Pen pals' with an image of two people and the text 'Being autistic can sometimes be lonely. So, if you're looking for people to strike up a friendship with, this is the section for you.'

Visit *the Spectrum* online to download the latest issue, explore our archive of articles, poems and artwork from the past 100 editions, or submit your own work. We would love to hear from you! www.autism.org.uk/thespectrum

Complete your subscription form



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☐ **£25 donation rate** (by paying this amount, you receive your copies of *the Spectrum* but also allow one person to get their subscription at our concession rate)
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Please send me extra copies at £5 each (Please remember to add this to the total on your cheque if you're paying by cheque.)

Please contact **the.spectrum@nas.org.uk** if you want to order more than 10 additional copies so we can arrange for these to be sent to you as cheaply as possible.

2. About you (*indicates mandatory field)

Title*: **First name*:**

Last name*:

What is your date of birth? (dd/mm/yyyy) / /

Address Line 1*:

Address Line 2:

Address Line 3:

Town*: **Postcode*:**

Telephone number:

Email address:

We would like to tailor our communications with you to ensure they are relevant to your interests. What is your connection with autism? (Please tick all that apply.)

- | | |
|--|---|
| <input type="checkbox"/> I am autistic | <input type="checkbox"/> I am a professional working in the field of autism |
| <input type="checkbox"/> I am a parent/guardian of someone who is autistic | <input type="checkbox"/> I have another connection with autism |
| <input type="checkbox"/> Someone in my family is autistic | <input type="checkbox"/> I have no connection with autism |
| <input type="checkbox"/> I know someone who is autistic | <input type="checkbox"/> I prefer not to say |

3. Data protection - please read

The National Autistic Society would like to keep in touch with you about our services, support, events, campaigns and fundraising. We'll only contact you in the ways you want, and we'll keep your data safe. (See **www.autism.org.uk/privacypolicy** for further details.)

I agree to the National Autistic Society contacting me in the following ways:

- ☐ Email ☐ Post ☐ Telephone ☐ SMS text

To update your permissions, contact us on **0808 800 1050** or email **supportercare@nas.org.uk**

4. Choose a payment method

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I wish to pay using my Mastercard/Visa/Maestro/CAF card. (Unfortunately we cannot accept Visa Electron or Solo).

Cardholder's name:

Card number:

Start date:

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☐ Direct Debit - annual payment taken every year

Instruction to your Bank or Building Society



Service user number: **7 5 6 4 7 5**

(Please complete this form and return it using the freepost envelope to **Supporter Care, the National Autistic Society, 391-393 City Road, London, EC1V 1NG**)

Name and full postal address of your Bank or Building Society:

.....

Name(s) of account holder(s) (if you're setting up a joint or organisational subscription, please provide the names of all account holders):

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(Please note: Bank and Building Societies may not accept Direct Debit instructions for some types of account)

Branch sort code

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Instructions to your Bank or Building Society to pay by Direct Debit Please pay the National Autistic Society Direct Debits from the account detailed in this instruction, subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with the National Autistic Society and, if so, details will be passed electronically to my bank/building society.

Please sign and date to confirm that all the information is correct (a signature will be required from all account holders)

Signature(s): Date:

This guarantee should be detached and retained by the payer.

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- This Guarantee is offered by all Banks and Building Societies that accept instructions to pay Direct Debits.
- If there are any changes to the amount, date or frequency of your Direct Debit The National Autistic Society will notify you ten working days in advance of your account being debited or as otherwise agreed. If you request The National Autistic Society to collect a payment, confirmation of the amount and date will be given to you at the time of the request.
- If an error is made in the payment of your Direct Debit by The National Autistic Society or your Bank or Building Society you are entitled to a full and immediate refund of the amount paid from your Bank or Building Society.
- If you receive a refund you are not entitled to, you must pay it back when The National Autistic Society asks you to.
- You can cancel a Direct Debit at any time by simply contacting your Bank or Building Society. Written confirmation may be required. Please also notify us.

