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October 2019 marked the 100th edition of the Spectrum. Since its humble beginnings in 1993, the magazine has gone through several new looks, as well as the occasional name change. But the amazing content remains the same.

Spectrum by name, Spectrum by nature

From articles on friendship and loneliness to features on everyday feelings of alienation, family and pets (to name but a few!), the Spectrum truly reflects the variety of the autistic experience in all its glory. And we want to keep this going.
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